



PSORIASIS TREATMENT REGIMEN

(for mild-moderate psoriasis)

- Medications used:
 - 0.005% Calcipotriene cream (Dovonex)
 - Group I corticosteroid (Betamethasone dipropionate, Halobetasol, Clobetasol)
- FIRST TWO WEEKS:
 - Calcipotriene – apply to affected areas every morning
 - Corticosteroid – apply to affected areas every evening
- MAINTENANCE THERAPY (after the first two weeks):
 - Calcipotriene – apply to affected areas twice a day on WEEKDAYS ONLY
 - Corticosteroid – apply to affected areas twice a day on WEEKENDS ONLY
- Treatment for 6-8 weeks; continue if needed to maintain control
- Calcipotriene can cause mild irritation of the skin
- Maximum dose of calcipotriene is 100 grams per week
- If your psoriasis does not improve or gets worse despite following the above treatment, please make a follow-up with your provider.