PSORIASIS TREATMENT REGIMEN

(for mild-moderate psoriasis)

• Medications used:
  o 0.005% Calcipotriene cream (Dovonex)
  o Group I corticosteroid (Betamethasone dipropionate, Halobetasol, Clobetasol)
• FIRST TWO WEEKS:
  o Calcipotriene – apply to affected areas every morning
  o Corticosteroid – apply to affected areas every evening
• MAINTENANCE THERAPY (after the first two weeks):
  o Calcipotriene – apply to affected areas twice a day on WEEKDAYS ONLY
  o Corticosteroid – apply to affected areas twice a day on WEEKENDS ONLY
• Treatment for 6-8 weeks; continue if needed to maintain control
• Calcipotriene can cause mild irritation of the skin
• Maximum dose of calcipotriene is 100 grams per week
• If your psoriasis does not improve or gets worse despite following the above treatment, please make a follow-up with your provider.